

Hallo,

We are Lisa Timmermann (19 years) and Lea Lelito (20 years) and we are volunteers from Germany who have the possibility to work in the "Havana Soupkitchen" for one year. We are sent by "Volunta", a organisation who organizes voluntarily work for students all over the world. We want to provide you an inside into our work an our tasks, so we will describe you our daily routine in the soupkitchen.

Our working day starts at 8 a.m. when the children arrives in the soupkitchen.

At 8.30 a.m. the children are getting breakfast after washing their hands. Our tasks are to look after them and to distribute the food.

After they finished with eating around 9 a.m. we are praying all together followed by singing and dancing ended by brushing the teeth together.

After that classes can start. Content of the classes are basic applications like how to hold a pen, counting to ten, shapes, colours and much more. Of course, creative things like drawing and tinkering are also part of the classes.

At 11 a.m. classes are finished and we tidy up with the children. Sometimes the children are getting some fruits after that. During a 30 minutes break the children have spare time to play together. Than we start to prepare the sharing out of the lunch.

Around 12 a.m. we wash the hands with the children before they are getting their lunch. After the children are finished with eating they are going home.

Things like playing with the children, mediation, drying some tears, caring about wounds are also part of our daily work.

Frieda is not only a wonderful "chef", she also takes care of every single child. She has a heart for everybody!

She is open minded for new ideas we have and if we are having problems she is listening to us and tries to help us or to find a solution.

Although the work with the children is sometimes very stressful, they are giving us back so much. We enjoy it every morning when the children are running in our arms, while they are shouting "Teacher is coming".

The children and especially Frieda take up a big space in our hearts and we are very happy that we have the possibility to work in the soupkitchen.

Yours faithully,